

Annex 1.1: Ice-breaking exercise

Option 1

- Begin by having all learners in a circle.
- Pick a random learner and ask for his/her name. Then going clockwise ask the second learner to tell the name of the first learner and his/her name. Continue with the third learner and ask to tell the name of the first and the second learners and his/her name. Continue all along until you reach the end of the circle by having learners say the name they hear before and add theirs at the end.
- This is a very funny ice-breaking activity that is used for introducing everyone in the class in a funny way, having built a nice and relaxing atmosphere.

Option 2

- Ask one learner to present himself/herself (name, age) and present the two positive things about himself/herself.
- Then the person who just presented him/herself identifies the next person that has to present him/herself.
- After each presentation, learners should welcome the person by saying “hello + name of the person”.

Option 3

- Trainer asks each person to reveal one true thing and one false when introducing themselves.
- The others have to guess which is which.