Sticks'n'Stones IO3

Topic 6: How children are targeted online by cyberbullies

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Interactive Infographics to Combat Bullying in School

Introduction

Bullying in schools is every parent's worst fear. They may fear that their child is being bullied, that their child is bullying others, or that their child is witnessing bullying happening around them. All parents want the security of knowing that school is a safe place for their children, a place where they can not only learn, but build new friendships and create lasting memories. Unfortunately, the end of bullying is still not in sight, and it still threatens the wellbeing of children around the world.
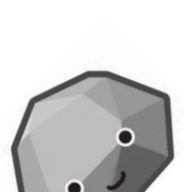
These digital resources have been developed to support you, as a parent, to address the topic of bullying with your child.

Topic Addressed

**Topic:** How children are targeted online by cyberbullies

Educational Video

Here is a Link to YouTube video introducing the topic of "How children are targeted online by cyberbullies": https://youtu.be/7ey0eR0MpeA

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Self-help Exercise

Topic Addressed (6 of the 12): How children are targeted online by cyberbullies		
Exercise Title	**Is my child target of cyberbullies?**	
Duration of Activity	15 minutes	**Materials Needed**	pen paper
Introduction	One of the prevalent dangers of the internet is cybercriminals and the ever-evolving cybercrimes they create. Because so many cybercrimes are launched to target any internet user, it's likely that no family member is safe from such attacks, either. There are many threats that children face online, as well as adults and teens. This exercise will help you recognize if your child could be a target of cyberbullies.	
Instructions	**Step 1**. Instruct your child to tick the box if the meaning concerns your child ☐ I was slandered on the internet or through mobile phone or false information were spread about me. ☐ Someone was impersonating me online or through my mobile phone and was doing things that I didn´t agree with ☐ I have received emails or other messages where I was scolded or humiliated ☐ I was scolded and humiliated online and other people could see that ☐ Sensitive information was spread about me online. ☐ A photo of me was posted without my permission and I felt embarrassed **Step 2.** Check answers with your children. If any of the boxes were ticked, it means that your child is possibly a victim of cyberbullying. Try to talk to them and find out more about what they are experiencing, and how they feel about the situation. Then, you should deal with the situation in the way you deem appropriate. Your child should know that it is not their fault if they are being bullied by others, and that no one deserves to be a victim of bullying.	
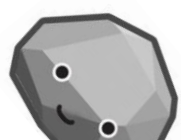
Tip sheet

TIP 1: What to do if your child is a victim of cyberbullying

- Don´t respond to the bully
- Take a picture of the screen or the email and save it as evidence
- Block communication with the cyberbully
- Contact an organization that can help you with or contact your child´s school

TIP 2: Tips for internet safety for kids and teens

- Know the dangers of the internet
- Remember your identity is important
- Beware of strangers
- Watch out for phishing
- Choose strong passwords
- Keep your social media secure
- Be careful what you post
- Keep privacy settings on

TIP 3: Tips for internet safety for parents and whole family

- Understand privacy policies
- Back up data regularly
- Keep your internet connection secure
- Monitor online activities of your children
- Install a comprehensive cybersecurity site
- Go private on public wifi
- Close unused accounts
- Spend time online together

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