

A drawing of a cartoon character

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**Annex 1.1:** Ice-breaking exercise

Option 1

* Begin by having all learners in a circle.
* Pick a random learner and ask for his/her name. Then going clockwise ask the second learner to tell the name of the first learner and his/her name. Continue with the third learner and ask to tell the name of the first and the second learners and his/her name. Continue all along until you reach the end of the circle by having learners say the name they hear before and add theirs at the end.
* This is a very funny ice-breaking activity that is used for introducing everyone in the class in a funny way, having built a nice and relaxing atmosphere.

Option 2

* Ask one learner to present himself/herself (name, age) and present the two positive things about himself/herself.
* Then the person who just presented him/herself identifies the next person that has to present him/herself.
* After each presentation, learners should welcome the person by saying “hello + name of the person”.

Option 3

* Trainer asks each person to reveal one true thing and one false when introducing themselves.
* The others have to guess which is which.